BLOCK LISTING SIX MONTHLY RETURN

Information provided on this form must be typed or printed electronically and provided to an *ris*.

Date: 1 July 2009

Name of applicant:		The Governor and Company of the Bank of Ireland		
Name of scheme:		Sharesave Scheme (SAYE), Executive Stock Option Scheme (ESOS), Long Term Performance Stock Plan (LPTSP) and Long Term Incentive Plan (LTIP).		
Period of return:	From:	1 January 2009	То:	30 June 2009
Balance of unallotted securities under scheme(s) from previous return:		SAYE: 4,798,777		
		ESOS: 8,146,405		
		LTPSP/LTIP: 1,871,280		
Plus: The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):		None		
Less: Number of securities issued/allotted under scheme(s) during period (see LR3.5.7G):		None		
Equals: Balance under scheme(s) not yet issued/allotted at end of period:		SAYE: 4,798,777		
		ESOS: 8,146,405		
		LTPSP/LTIP: 1,871,280		

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