

BLOCK LISTING SIX MONTHLY RETURN

INFORMATION PROVIDED ON THIS FORM MUST BE TYPED OR PRINTED ELECTRONICALLY AND PROVIDED TO AN RIS.

Date: 12 July 2010

Name of <i>applicant</i> :		The Governor and Company of the Bank of Ireland		
Name of scheme:		Sharesave Scheme (SAYE), Executive Stock Option Scheme (ESOS), Long Term Performance Stock Plan (LPTSP) and Long Term Incentive Plan (LTIP).		
Period of return:	From:	1 January 2010	To:	30 June 2010
Balance of unallotted securities under scheme(s) from previous return:		SAYE: 4,798,777 ESOS: 8,146,405 LTPSP/LTIP: 1,871,280		
<i>Plus:</i> The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):		None		
<i>Less:</i> Number of <i>securities</i> issued/allotted under scheme(s) during period (see LR3.5.7G):		LTPSP/LTIP: 11,890		
<i>Equals:</i> Balance under scheme(s) not yet issued/allotted at end of period:		SAYE: 4,798,777 ESOS: 8,146,405 LTPSP/LTIP: 1,859,390		
Name of contact:		Jeremy Crean – Deputy Group Secretary		
Telephone number of contact:		+ 353 76 6234761		